

## 10 Steps to Flushing Your IV

Follow these instructions with every infusion.

*\*The blue injection cap will be referred to as “blue cap” in instructions below.*

1. Prepare a clean work area
2. Wash your hands well using a liquid soap. Be sure to wash all parts of your hands including the top and bottom, between fingers, and under fingernails. Use a paper towel to dry your hands. Use an alcohol-based hand sanitizer if no soap and water are available.
3. Supplies needed:
  - 2 prefilled saline syringes (0.9% sodium chloride)
  - 1 prefilled heparin syringe (if needed)
  - Alcohol pads
4. Take the cap (white or yellow) off the syringe. Do not touch the inside of the cap or the syringe tip to any surface.
5. Hold the syringe so the open tip points to the ceiling.
6. Gently tap the side of the syringe to move any air bubbles to the top. Push in the plunger until a drop of liquid appears at the open tip of the syringe.
7. Use a new alcohol pad to scrub the blue cap on the end of your IV line for 15-30 seconds. Let this air dry, do not fan or blow air on the blue cap.
8. Attach, push, and twist the end of the syringe (clockwise) onto the blue cap on your IV line. If you have a clamp, open it.
9. Push the syringe plunger to flush the IV line using a start/stop action.
10. Hold the blue cap with one hand and twist off the syringe (counterclockwise). Throw the syringe in the household trash.

**For questions or concerns, please call Regional Home+ Home Infusion at (605) 755-1150.**